

Morley Victoria Primary School

Child Friendly Anti Bullying Policy



Written by: Anti Bullying Ambassadors

At Morley Victoria, we value being ready, being safe, kindness and respect, and bullying is not welcome or tolerated – we follow the RRS rules, which are “Ready, Respectful, Safe”.

We want everyone who comes to our school to feel happy and safe when they are here both inside and outside of lesson times.

The Anti-Bullying Ambassadors have written this child friendly anti-bullying policy to help you by:

- Helping you know what bullying is
- Giving you advice about what you should do if you or someone else is being bullied
- Letting you know where you can seek support



What is bullying?

At Morley Victoria, bullying is not tolerated and is described as:

- **Negative** (something unkind or hurtful)
- **Intentional** (on purpose/not an accident)
- **Repeated** (happens more than once)

Bullying is not:

- A one-off incident (pushing someone in a game)
- An accident (not done on purpose)
- A 'fall out' with a friend

Types of bullying

- **Physical** (hitting, slapping, punching, kicking, nipping/pinching, spitting, pushing)
 - **Emotional** (telling people not to be friends with someone, leaving people out, laughing at someone, bossing people around)
 - **Indirect** (talking behind someone's back, sending nasty messages through friends, spreading rumours)
 - **Verbal** (negative comments, criticism or someone's gender, race or sexuality, threatening, calling people mean names including swear words)
- We must remember the importance of British Values and the Protected Characteristics
- **Online Cyber Bullying** (sending nasty messages over the internet or by phone, making group chats that are intended to isolate or be mean to someone)



PROJECT
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Who can I talk to?

It is important to tell someone as soon as you are being bullied or notice someone else being bullied.

Talking to someone on your 'Helping Hand' means the bullying can be stopped.

You can also speak to one of our 'Anti-Bullying Ambassadors' who will help you. They wear turquoise lanyards.



Remember that there are numbers and websites to support you in your planners (Years 5-6), we have a help section for kids in the safeguarding page of our school website (www.morleyvictoria.org.uk) and we have a TELL US button on there too.



Tell Us

What should I do if I'm being bullied?

Do:

- Tell the bully to STOP.
- Ignore the bully and walk away.
- Tell someone you trust like a parent or teacher or someone on your helping hand.
- Surround yourself with kind and supportive friends.
- Always believe in yourself.
- Stay calm and be confident.



You should not:

- Retaliate/react inappropriately.
- Blame yourself.
- Bottle up your feelings and keep them to yourself.
- Try to fix the problem alone.
- Harm yourself or others.
- Don't do as the bully says.
- Don't get others involved.
- Don't take it out on anyone else.

What should I do if I see someone else being bullied?

At Morley Victoria we are 'upstanders' not 'bystanders'.

This means that we take action if we see someone else being bullied.



You should:

- Offer help and support to the person being bullied
- Tell the person being unkind to STOP
- Tell a trusted adult
- Tell the safeguarding team (Miss Northfield, Mr Shabbir, Mrs Smith, Mr Precious, Mrs Bode, Mrs Wood, Miss Handley).

You should not:

- Be a bystander (someone who ignores what they have seen and does not take action)
 - Try to sort it out yourself without the help of an adult.
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How can I help to stop bullying from happening in our school?

We can all help to stop bullying by:

- Following the advice in this policy
- Being an upstander
- Thinking about people's feelings before we say or do something
- Being kind, friendly and respectful to everyone
- Taking part in anti-bullying events
- Treat others how you would like to be treated yourself.



BRITAIN GET TALKING